

ALL SAINTS' EPISCOPAL CHURCH

San Diego, California



THE FOURTH SUNDAY IN LENT

March 15, 2026
10:00 AM | Mass

Welcome to All Saints' Mass in our church or by live-stream, especially if you are a newcomer or visitor! Please help us to get to know you by introducing yourself to our rector, Fr. Carlos, if you are here in person.

We hope that you will find in this bulletin everything you need to make your link to our community a joyful one. In it you will find the text for all of the Mass prayers and readings.

The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.



ON THE COVER

Healing of the Man Born Blind (c. 1567)

El Greco (1541-1614)

“Is this not the man who used to sit and beg?” Some were saying, ‘It is he.’ Others were saying, ‘No, but it is someone like him.’ He kept saying, ‘I am the man.’ But they kept asking him, ‘Then how were your eyes opened?’ He answered, ‘The man called Jesus made mud, spread it on my eyes, and said to me, “Go to Siloam and wash.” Then I went and washed and received my sight.’ They said to him, ‘Where is he?’ He said, ‘I do not know.’

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, ‘He put mud on my eyes. Then I washed, and now I see.’”

ALL SAINTS' MISSION STATEMENT

“Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation.”

OUR VISION

“We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ’s love for us all.”

OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gifts
- Remembering that God loves everyone unconditionally

CELEBRANT: The Rev. Carlos E. Expósito, Rector

MASS SETTING: Missa Penitentialis

ORGAN PRELUDE

Lord, Who Throughout These Forty Days

Robert Lind

PROCESSIONAL HYMN — *Please stand*

Azmon

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!
2 and spread through all the earth a - broad the hon - ors of thy Name.
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heaven.

Words: Charles Wesley (1707-1788), alt.

Music: *Azmon*, Carl Gotthilf Gläser (1784-1829);
adapt. and arr. Lowell Mason (1792-1872)

THE SALUTATION AND COLLECT FOR PURITY

Bless the LORD who forgiveth all our sins; +

All: **His mercy endureth for ever.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All: ***Amen.***

THE DECALOGUE

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Honor thy father and thy mother.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt do no murder.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not commit adultery.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not steal.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

All: **Lord have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not covet.

All: **Lord have mercy upon us,
and write all these thy laws in our hearts, we beseech thee.**

THE PENITENTIAL RITE — *Please kneel*

Let us humbly confess our sins unto Almighty God.
Most merciful God,

All: **We confess that we have sinned against thee
in thought, word, and deed,
by what we have done, and by what we have left undone.**

**We have not loved thee with our whole heart;
We have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.**

**For the sake of thy Son, Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will, and walk in thy ways,
to the glory of thy Name.**

Amen.

The Celebrant pronounces the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

All: ***Amen.***

KYRIE (Missa Penitentialis)

(M.M. ♩ = 138)

Mode 4



1, 2 Lord, have mer-cy up-on us. 3 Lord, have mer-cy up-on us.

4, 5 Christ, have mer-cy up-on us. 6 Christ, have mer-cy up-on us.

7, 8 Lord, have mer - cy up - on us.

9 Lord, have mer - cy + up - on us.

THE COLLECT OF THE DAY

The LORD be with you.

All: **And with thy spirit.**

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

All: *Amen.*

FIRST READING 1 Samuel 16:1-13 — *Please be seated*

A Reading from the First Book of Samuel

The LORD said to Samuel, “How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.” Samuel said, “How can I go? If Saul hears of it, he will kill me.” And the LORD said, “Take a heifer with you, and say, ‘I have come to sacrifice to the LORD.’ Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.” Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, “Do you come peaceably?” He said, “Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, “Surely the Lord’s anointed is now before the LORD.” But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.” Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the LORD chosen this one.” Then Jesse made Shammah pass by. And he said, “Neither has the LORD chosen this one.” Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The LORD has not chosen any of these.” Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, “Rise and anoint him; for this is the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The Word of the LORD.

All: **Thanks be to God.**

THE PSALM *Psalm 23 — Sung by the choir*

- 1 The LORD is my shepherd; *
I shall not be in want.
- 2 He makes me lie down in green pastures *
and leads me beside still waters.
- 3 He revives my soul *
and guides me along right pathways for his Name's sake.
- 4 Though I walk through the valley of the shadow of death,
I shall fear no evil; *
for you are with me;
your rod and your staff, they comfort me.
- 5 You spread a table before me in the presence
of those who trouble me; *
you have anointed my head with oil,
and my cup is running over.
- 6 Surely your goodness and mercy shall follow me
all the days of my life, *
and I will dwell in the house of the LORD for ever.

SECOND READING *Ephesians 5:8–14*

A Reading from Paul's Letter to the Ephesians

Once you were darkness, but now in the LORD you are light. Live as children of light—for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the LORD. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!
Rise from the dead,
and Christ will shine on you.”

The Word of the LORD.

All: **Thanks be to God.**

GOSPEL ACCLAMATION — *Please stand*

Praise and honor to thee, Lord Jesus Christ!

All sing: **Praise and honor to thee, Lord Jesus Christ!**

I am the light of the world, says the LORD;
whoever follows me will have the light of life.

All sing: **Praise and honor to thee, Lord Jesus Christ!**

THE HOLY GOSPEL John 9:1–41

The LORD be with you.

All: **And with thy spirit.**

+The Holy Gospel of our Lord Jesus Christ according to John.

All: **Glory be to thee, O LORD.**

As Jesus walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (*which means Sent*). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.”

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet."

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him."

So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from."

The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.” They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?” He answered, “And who is he, sir? Tell me, so that I may believe in him.” Jesus said to him, “You have seen him, and the one speaking with you is he.” He said, “Lord, I believe.” And he worshiped him. Jesus said, “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.” Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?” Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

The Gospel of the LORD.

All: **Praise be to thee, O Christ.**

SERMON — *Please be seated*

The Rev. Carlos E. Expósito, Rector

NICENE CREED *(Hymnal #759) — Please stand*

I believe in one God,

All sing: the Father Almighty,

maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,

(Kneel for next 3 lines)

*and was incarnate by the Holy Ghost
of the Virgin Mary,
and was made man;*

and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost, the LORD, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshipped
and glorified;
Who spake by the Prophets.

And I believe one Holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
+ and the life of the world to come. *Amen.*

PRAYERS OF THE PEOPLE — *Please kneel*

Celebrant: Let us pray for the whole state of Christ's Church and the world.

Today's service is offered to the greater glory of God, Father, Son, and Holy Spirit. We commend to the LORD for all those who are displaced or suffering from storms, fire, hunger, or conflict across the world. We also ask the LORD for safety and peace throughout the United States, Venezuela, Cuba, and especially Iran.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

We pray for thy Holy Catholic Church throughout the world. We pray for the peace of Jerusalem; the Anglican Communion, Sarah, Archbishop of Canterbury; for Sean, Presiding Bishop, Susan, the fifth Bishop of San Diego; for Carlos, our rector, and his family; for our sister parish, St. Thomas the Apostle, Hollywood, and Canon Ian Davies, Rector. Today, we pray for the Anglican Church of Kenya, and for all the clergy and people of Good Shepherd, Hemet.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

Father, we pray for peace throughout the world, especially in Eastern Europe, the Middle-East, and the nations of Central Africa. We pray for Donald, our President, Gavin our Governor, and all those in authority.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Kyle, Ethan, Caelan, Noah, Tua, Jordan, Cade, and Cole. We also pray for the officers, crew, and families of the Navy & Marine Corps Reserve Center San Diego.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

We pray for the city of San Diego, and all who live and work in this neighborhood of Hillcrest, especially our new, incoming neighbors and the new Montessori School in our education building; for all those who are unemployed or homeless; for our own families, and for our Parish family, that we may grow in faith and love. We pray for the director, staff, and families of Colmena Academy.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

LORD, send the Holy Spirit, the Comforter, to all who are in trouble, sorrow, need, sickness, for all prisoners and captives; and your blessing upon all those who have asked for our prayers, privately, especially those suffering from addictions, their friends and families; and for those whose names are attached to the prayer chain on the chancel entrance wall.

We especially pray today for: Elaine, Maureen, Louise, Carson, George, Pamela, Sydnee, Briana, Christian, Ruby, Verna, Antonio, Robert, David, Tanya, Tony, Twyla, Monique, Ellen, Susan, Tiante, Betty, Joe, Amadeus, Matthew, Deborah, Jennie, Jack, Delaney, Michelle, Hunter, Fr. Gaylord, Norma J., Pat, Lois, Jo-Darlene, Norma L., Kaeliana, Kathryn, Wayne, Garrett, Prince, Ellie, Angela, Eric, Fr. Ken, and Barbara.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

Father, we pray for the souls of the faithful departed, for those who have died recently, especially Mrs. Tsui, Ellen Komor, and Tina Moa.

We pray for those whose anniversaries occur at this time: Robert Lawrence, Raymond G. Eastham, Ruth Smallingan, Annabelle Park, Dolores Stephens, Ying Hing Tsui, Etta Belvin, Peter Clark, Alan Sapsford (Priest), Elsie Dreyer, Don Nay, Linda Buchanan, and Bettie Williams.

Litanist: Rest eternal grant to them O LORD +

People: **And let light perpetual shine upon them.**

Father, we give thanks for the example and prayers of the ever Blessed Virgin Mary and all Thy saints, and now join them in offering our own prayers, petitions, and thanksgivings.

At this time, additional petitions and thanksgivings may be said quietly or silently.

Celebrant: LORD in thy mercy. *People:* **Hear our prayer.**

The celebrant concludes the Prayers.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever.

All: ***Amen.***

PEACE — *Please stand*

Celebrant: The Peace of the LORD be always with you.

All: **And with thy Spirit.**

Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying: “Peace be with you.”

OFFERTORY SENTENCE — *Please stand*

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1–2*

A collection will be taken during the Offertory. Anyone who would like to make their contribution digitally (e.g. via credit card) may do so by scanning the QR code on the back cover.

OFFERTORY ANTHEM — *Please be seated*

All Saints’ Choir

The LORD is my Shepherd

Franz Schubert

THE OFFERTORY PRAYER — *Please stand*

LORD, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

All: ***Amen.***

OFFERTORY HYMN

Resignation



1 My Shep - herd will sup - ply my need, Je - ho - vah
2 When I walk through the shades of death, thy pres - ence
3 The sure pro - vi - sions of my God at - tend me



is his Name; _____ in pas - tures fresh he
is my stay; _____ one word of thy sup -
all my days; _____ oh, may thy house be



makes me feed be - side the liv - ing stream.____
port - ing breath drives all my fears a - way.____
mine a - bode and all my work be praise.____



He brings my wan - dering spi - rit back when I for -
Thy hand, in sight of all my foes, doth still my
There would I find a sett - led rest, while o - thers



sake his ways, _____ and leads me, for his
ta - ble spread; _____ my cup with bless - ings
go and come; _____ no more a stran - ger



mer - cy's sake, in paths of truth and grace.____
o - ver - flows, thy oil a - noints my head.____
or a guest, but like a child at home.____

Words: Isaac Watts (1674-1748); para. of Psalm 23

Music: *Resignation*, American folk melody, acc. David Hurd (b. 1950)

LITURGY OF THE HOLY EUCHARIST — *Please stand*

Pray Brethren,
that this my sacrifice and yours may be acceptable to God,
the Almighty Father.

All: **May the LORD receive the sacrifice at thy hands,
to the praise and glory of His Name,
to our benefit and that of all His Holy Church.**

EUCHARISTIC PRAYER

The LORD be with you.

All: **And with thy spirit.**
Lift up your hearts.

All: **We lift them up unto the LORD.**
Let us give thanks unto our LORD God.

All: **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O LORD, Holy Father, Almighty, everlasting God.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

SANCTUS ET BENEDICTUS *(Missa Penitentialis)*

Mode $(M.M. \text{♩} = 126)$

Ho - ly, Ho - ly, Ho - ly, Lord
 God of hosts, Hea-ven and earth are full
 of thy glo - ry: Glo - ry be to
 thee, O Lord Most High. A - men.
 (Cantor)
 Bless-ed is he that com-eth in the Name of the Lord.
 (Choir)
 Ho - - - san - na in the high - est.

PRAYER OF CONSECRATION — *Please kneel*

All glory be to thee, O LORD our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O LORD and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O LORD, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; + and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our LORD;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All: *Amen.*

THE LORD'S PRAYER *(Hymnal #722)*

And now, as our Savior Christ hath taught us, we are bold to say:

All sing:

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
for ever and ever. *Amen.*

THE BREAKING OF BREAD

Christ our Passover is sacrificed for us;

All: Therefore let us keep the feast.

AGNUS DEI (Missa Penitentialis)

(M.M. ♩ = 132)

Mode 8

p (Cantor) (Choir)

O — Lamb of — God, † that ta — kest a — way — the — sins

of — the world, have mer — cy up — on — us.

p (Cantor) (Choir)

O — Lamb of — God, † that ta — kest a — way — the — sins

of — the world, have mer — cy up — on — us.

mf (Cantor) (Choir)

O — Lamb of — God, † that ta — kest a — way — the — sins

of the world, — *f rit. poco* grant — us thy — *rit.* peace.

PRAYER OF HUMBLE ACCESS

All: We do not presume to come to this thy Table,
 O merciful LORD, trusting in our own righteousness,
 but in thy manifold and great mercies.

We are not worthy so much as to gather up the crumbs
 under thy Table.

But thou art the same LORD whose property
 is always to have mercy.

Grant us therefore, gracious LORD,
 so to eat the flesh of thy dear Son Jesus Christ,
 And to drink his blood,
 that we may evermore dwell in him and he in us. *Amen.*

THE INVITATION

Behold the Lamb of God, +
behold Him that taketh away the sins of the world.

All: LORD, I am not worthy that thou shouldst come under my roof,
but speak the word only, and my soul shall be healed.

All baptized Christians are invited to come forward for communion.

Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands.

COMMUNION HYMN — Please kneel

St. Flavian

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898)

Music: St. Flavian, melody from Day's Psalter, 1562;
adapt, and harm. Richard Redhead (1820-1901)

PRAYER FOR SPIRITUAL COMMUNION

*I believe that Thou art truly present in the Holy Sacrament, and,
since I cannot at this time receive communion,
I pray Thee to come into my heart.*

*I unite myself with Thee and embrace Thee with all my heart,
my soul, and my mind.*

*Let nothing separate me from Thee;
let me serve Thee in this life until, by Thy grace,
I come to Thy glorious kingdom and unending peace.*

Amen.

POST COMMUNION PRAYER — *Please kneel*

Almighty and everliving God,
All: We most heartily thank Thee
for that Thou dost feed us,
in these Holy mysteries,
with the spiritual food of the most precious
Body and Blood of Thy Son our Savior Jesus Christ;
And dost assure us thereby of Thy favor
and goodness towards us;
And that we are very members incorporate
in the mystical body of Thy Son,
the blessed company of all faithful people;
And are also heirs, through hope,
of Thy everlasting kingdom.
And we humbly beseech Thee, O heavenly Father,
so to assist us with Thy grace,
that we may continue in that Holy fellowship,
and do all such good works as Thou
hast prepared for us to walk in;

Through Jesus Christ our Lord,
to whom, with Thee and the Holy Ghost,
be all honor and glory,
world without end. *Amen.*

PRAYER OVER THE PEOPLE AND BENEDICTION

Bow down before the LORD.

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through, Christ our Lord.

All: *Amen.*

And the blessing of God Almighty, + the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.

All: *Amen.*

NOTICES — *Please be seated*

Birthday Prayer

Many happy returns of the day of thy birth,
May seasons of joy be given.
May God in his mercy prepare you on earth
For a beautiful birthday in Heaven. *Amen.*

Anniversary Prayer

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

THE ANGELUS — *Please stand*

The Angel of the LORD brought the tidings to Mary:

All: **And she conceived by the Holy Ghost.**

Hail Mary, full of grace, the LORD is with thee.

Blessed art thou amongst women,

and blessed is the fruit of thy womb Jesus.

Holy Mary, Mother of God, pray for us sinners,

now and at the hour of our death. *Amen.*

Behold the handmaid of the LORD:

All: **Be it unto me according to thy word.**

The Hail Mary is repeated.

And the Word was made flesh.

All: **And dwelt among us.**

The Hail Mary is repeated.

Pray for us, O holy Mother of God.

All: **That we may be made worthy of the promises of Christ.**

Let us pray.

We beseech thee O LORD, pour thy grace into our hearts: That as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His cross and passion + we may be brought to the glory of His resurrection. Through the same Christ our Lord.

All: ***Amen.***

DISMISSAL

Let us go forth in the name of Christ.

All: **Thanks be to God.**

RECESSIONAL HYMN — *Please stand*

Old 113th



1 I'll praise my Mak - er while I've breath; and when my voice is lost in
2 How hap - py they whose hopes re - ly on Is - rael's God, who made the
3 The Lord pours eye - sight on the blind; the Lord sup - ports the faint - ing
4 I'll praise him while he lends me breath; and when my voice is lost in



death, praise shall em - ploy my no - bler powers. My
sky and earth and seas with all their train; whose
mind and sends the la - boring con - science peace. He
death, praise shall em - ploy my no - bler powers. My



days of praise shall ne'er be past while life and thought and be - ing
truth for ev - er stands se - cure, who saves the op - pressed, and feeds the
helps the strang - er in dis - tress, the wid - owed and the fa - ther -
days of praise shall ne'er be past while life and thought and be - ing



last, or im - mor - tal - i - ty en - dures.
poor. And none shall find his prom - ise vain.
less, and grants the pris - oner sweet re - lease.
last, or im - mor - tal - i - ty en - dures.

Words: Isaac Watts (1674-1748); alt. by John Wesley (1703-1791), alt.;
based on Psalm 146

Music: *Old 113th*, melody from Strassburger Kirchenamt, 1525;
harm. Vicar Earle Copes (b. 1921)

ORGAN POSTLUDE

Minuet Finale

G.F. Handel

PARISH NOTICES

ALL SAINTS' MASSES & GATHERINGS

- **Holy Week:** Please see the back of the Parish Notices (p. 32) for dates on this year's Holy Week!
- **Every Sunday:** 10:00 AM – Mass
On Sundays we continue worshipping in our historic church. The Sunday service will be on Zoom.

The following worship services will be held in All Saints' St. Mary Chapel.

- **Every Tuesday:** 12:00 PM, Noon – Mass
- **Every Thursday:** 1:00 PM – Devotional Service
There is a short devotional service in the Rector's office, followed by a Bible study session based on one of the readings for the Sunday of that week. Join us either in person or via Zoom; find the link to join these sessions in our weekly digital newsletter; you can also enter the link below into your web browser:
<https://us02web.zoom.us/j/87935063092?pwd=SWRHaGxOUXU2VXZqTzhGNnhSYStLUT09>
- **Every Friday:** 11:30 AM, Noon – Lenten Services
From February 20 to March 27th, the Great Litany will be held in the Chapel at 11:30 AM, and Stations of the Cross will be held in the Church at Noon.

SPECIAL CLASSES AND PROGRAMS

- **Christian Formation and First Communion Instruction for Children Ages 5-12**
Sundays from 10:00 AM to 10:45 AM in the Parish Hall, taught by Lucretia Locke. For registration, call (619) 298-7729 or email us at info@allsaintschurch.org.
- **Christian Formation – Book Study**
On Sunday, March 22nd, we will be continuing our new book for the Lenten season, “*The Screwtape Letters*” by C.S. Lewis; see the next few pages (p. 28, 29) for more details on this book!

PARISH NOTICES

A LENTEN INVITATION: CHRISTIAN FORMATION FOR ADULTS

The Screwtape Letters, by C.S. Lewis

“Join us this Lent in a journey through one of the most engaging Christian books ever written... A book that doesn’t just tell you what temptation is – it shows you how it works.”

Each letter opens a window into the spiritual life that’s accessible, reflective, and deeply pertinent in our day-to-day living.

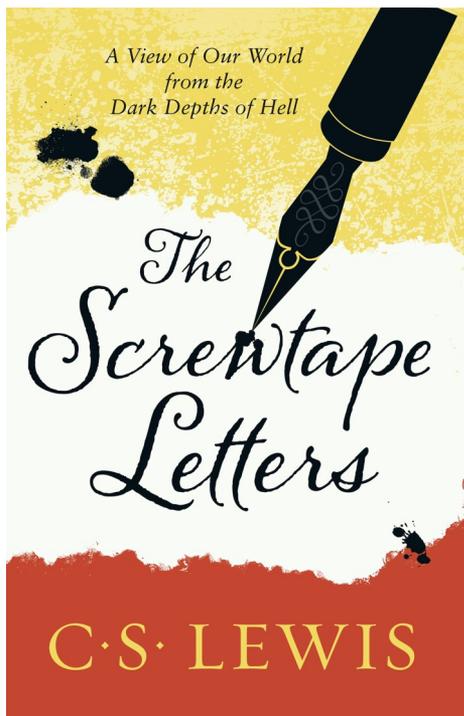
This study isn’t just about “demons and temptation” – it’s really about understanding our hearts and how God pursues us even in the ordinary moments.

Why *The Screwtape Letters* Matters

The Screwtape Letters is a brilliantly written Christian classic in which C.S. Lewis lets a senior demon teach a junior tempter how to lure a human away from the Enemy – that’s God. Through satire and reversal, Lewis invites us to see spiritual struggle from a fresh, often humorous angle.

Rather than a typical sermon or theological treatise, it’s a set of 31 fictional letters full of psychological insight, moral challenge, and sharp spiritual wisdom – cleverly disguised as advice from Hell’s perspective.

Lewis’ use of irony – calling God “the Enemy” and demons’ tactics wise counsel – helps us recognize frequently overlooked temptations: complacency, pride, distraction, and subtle self-deception.



PARISH NOTICES

A Little Flavor from the Book

In his letters, Screwtape urges Wormwood to keep the Patient focused on vanity, boredom, fear, and self-absorption – because the daily battles are the ones that matter most.

One of the most quoted insights is:

“The safest road to Hell is the gradual one – the gentle slope, soft underfoot, without sudden turnings, without milestones...”

It gets you thinking about how small choices shape your spiritual life

Who Is This For?

- Curious seekers who want to understand spiritual temptation in a new way,
- Long-time believers who crave fresh reflection during Lent,
- Anyone who’s ever wondered why everyday life sometimes feels spiritually tricky.

Study Format Snapshot

We’ll meet on the second and fourth Sunday of each month in the library at 12:00 PM during Lent and beyond, continuing Sunday, March 22nd. Each session will explore a set of 3 chapters together – mixing conversation, prayer, and insight.

No prior C.S. Lewis familiarity is required – just an open heart and a desire to grow in faith!

(For those of you who do not attend in person regularly, but would like to join us in the study sessions, there is an opportunity to join us via Zoom; find the link to join on the first few pages of the Parish Notices (p. 26)).

REQUIEM MASS FOR TINA MOA

On March 7th, our beloved parishioner, Tina Moa, peacefully passed away.

Her funeral will be arranged by her family, and will take place here at All Saints’

PARISH NOTICES

PALMS & EASTER LILIES:



Your help is needed to enhance our church with palms and flowers for Palm Sunday and Easter!

Easter Sunday is on April 5th! We are offering an opportunity for parishioners to sponsor memorial Easter lilies, with which we will decorate the High Altar and Sanctuary for Easter!

This year, the cost of each lily/ sponsorship will be **\$30**. Forms for sponsorship can be found at the transept table and the narthex table, and payment is due at the time of the order (which can be paid by cash or check). In order for purchases to be made in a timely manner for Easter, forms must be submitted to the parish office, or placed on the offertory plate by **Sunday, March 29th**, or at the *very* latest, **the 30th, the Monday after.**

On **Saturday, March 28th**, help is needed in decorating our courtyard and church for Palm Sunday! We will be gathering in the courtyard at 9:00 AM. Bring gloves and clippers! There are usually 8 to 10 people needed and will by God's grace participate.

Palm Sunday is even more special for its need of Palm branches of all sizes. Some palm branches will come from the palm trees around the church, but they will still have to be cleaned. If you cannot stay to assist with the placement and securing of palms, it would also be **VERY** helpful if you just have palm branches that you can cut, bring, and drop off. These need to be delivered on **Friday, March 27**; we can also pick them up if you are unable to deliver them.

On Holy Saturday, April 4th, gather around at 9:00 AM and help decorate the church by helping others in arranging Easter flowers and lilies for Easter Sunday. There are always varied jobs to do besides arranging flowers, too!

All ages and abilities are welcome!

If you have any questions, please contact Sue Johnston-Eaton at
(619) 840-0629

PARISH NOTICES

OUR STEWARDSHIP



Sharing our Gifts

Prayer, scripture reading, self-examination, and almsgiving (offerings above and beyond our pledges to the parish) are among the spiritual disciplines that Father Carlos recommends for Lent. Traditionally, Lenten almsgiving is intended primarily to support those in need. In that spirit the Vestry has decided that this year's designated Lenten and Easter offerings will be allocated for the use of our parish Social Action Committee (SAC). Special envelopes marked "Lenten and Easter offerings" are available in the church for those who wish to present alms during Lent.

SOCIAL ACTION UPDATE

We have six weeks of Lent plus Holy Week to examine our lives in the light of repentance. If we can slow down the outside world for a bit, and look at our inside world more closely, we may be able to better see those in need of our help. We can act as Jesus would have acted toward those in need of shelter, food, safety - give of ourselves including through this Social Action Committee.

Your help is needed by providing new sweatpants in sizes M, L, XL for homeless patients at the Scripps-Mercy ER.



Any donation of non-perishable foods put in the wagon for our local food banks is wonderful.

Any financial donation earmarked for SAC is always welcome also.

Thank you for manifesting Jesus to the benefit of our less fortunate neighbors! Your faithful generosity is always appreciated . . .

Your Social Action Committee

PARISH NOTICES

EUCCHARISTIC VISITOR MINISTRY

We are in need of more Lay Eucharistic Visitors (LEVs)! Under Father Carlos, the ministry of LEV has been revived at All Saints' Church. They go out after Sunday Mass and Tuesday Mass, doing no more than two visits a day. There are currently only three LEVs but many more parishioners in need of their ministry. We would like to serve more of our shut-ins in a timely manner. Help would be greatly appreciated!

Eucharistic Visitors are members of the congregation who are licensed by the Bishop to take the Blessed Sacrament "in a timely manner" to those who are unable to attend a regularly scheduled celebration of the Holy Eucharist in the church or chapel.



If you would like to add a name to the list of those to be visited, please contact Fr. Carlos or Ed Heck:
(rector@allsaintschurch.org)
(edheck46@gmail.com).

CHRISTIAN FORMATION FOR CHILDREN

Sundays from 10:00 to 10:45 AM



Christian Formation and First Communion Instruction for Children Ages 5-12 in the Parish Hall, taught by Lucretia Locke.

For registration, call (619) 298-7729, or email us at info@allsaintschurch.org.

Formación Cristiana y clases de Primera Comunión para niños y niñas

(de 5 a 12 años)

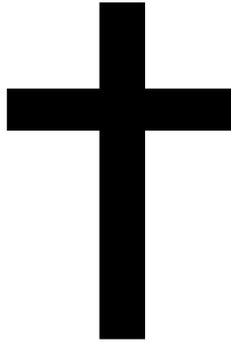
Domingos de 10 a 10:45 AM, en el salón parroquial.

A cargo de Lucretia Locke.

Para la matrícula llame al (619) 298-7729

o envíenos un correo electrónico a esta dirección:
info@allsaintschurch.org.

PARISH NOTICES



HOLY WEEK SERVICES

- **Sunday, March 29:** Palm Sunday, 10:00 AM Mass
- **Thursday, April 2:** Maundy Thursday, 7:00 PM Solemn Mass
- **Friday, April 3:** Good Friday, 7:00 PM Liturgy
- **Saturday, April 4:** Holy Saturday, 10:00 AM in the Chapel,
The Great Vigil of Easter, 8:00 PM
- **Sunday, April 5:** Easter Sunday/Sunday of the Resurrection,
10:00 AM Solemn High Mass

PARISH NOTICES

SAFE CHURCH, SAFE COMMUNITY

Our diocese offers the following information for everyone regarding any sort of misconduct within the church community:

REPORTING MISCONDUCT

The Episcopal Diocese of San Diego considers the reporting and investigation of misconduct to be of critical importance. Reporting enables the diocese to protect the complainant, the respondent, and the larger community. It also allows the diocese to assist with the spiritual, psychological, and emotional needs of all concerned during and after the report of misconduct.

To learn more, please visit

edsd.org/safe-church-safe-communities/reporting-misconduct/

HURRICANE RELIEF FOR JAMAICA

A poster for hurricane relief for Jamaica. The background is a vibrant green and yellow with a pattern of light rays. On the left, there is a portion of the Jamaican flag. On the right, there is a blue metal barrel with its lid removed. The text is arranged in columns, providing information about the relief effort.

Hurricane Relief For JAMAICA

Help Fill Barrels for Hurricane Mellisa Victims in Jamaica

♥ Let's Show Some One Love ♥

Hurricane Mellisa has devastated communities across Jamaica.

We're preparing barrels filled with essential supplies to send relief directly to those affected.

What's Needed

- Non-perishable food (canned goods, rice, pasta)
- Hygiene products (soap, toothpaste, feminine care)
- Baby items (diapers, formula)
- First-aid supplies
- Clothing and shoes (gently used or new)

Barrels Are Already Being Packed—Join the Effort!
Your contribution can make a real difference.

Let's come together in unity and compassion.

Drop-off & Pick-up Info:
Call or text [619-517-7957] for coordination.

Zelle donations also accepted at 619-306-0735

Contact: Elaine Williams
elargosbbq@cox.net

ALL SAINTS' EPISCOPAL CHURCH



625 Pennsylvania Avenue
San Diego, CA 92103-4321
Office Hours: Mon. - Fri, 9:00 AM - 3:00 PM

Phone: (619) 298-7729
Fax: (619) 298-7801
Email: info@allsaintschurch.org
Website: www.allsaintschurch.org

Rector: Fr. Carlos E. Expósito rector@allsaintschurch.org

If you would like to contact the **Episcopal Diocese of San Diego**,
visit their website at edsd.org

PARISH STAFF

Parish Administrator
Mr. Renzo C. Seguin
administrator@allsaintschurch.org

Business Administrator
Mrs. Theresa Krist
finance@allsaintschurch.org

MUSIC

Organist & Choirmaster
Robert MacLeod

Soprano: Emily Ortlieb
Tenor: Dennis Williams
Baritone: John White

*During the Offertory, you may make
your contribution digitally (e.g. via credit
card) by scanning
the following QR
code:*



ALL SAINTS' VESTRY

Sr. Warden
Mx. Barbara Wilder

Jr. Warden / Clerk
Ms. Emily Ortlieb

Treasurer
Mr. Ed Heck

Facilities Liaison
Mr. Cree Craig

Mrs. Lynette Blakney
Mr. Gary Beyer
Ms. Tanya Tatem
Mr. Ted Crittenden
Ms. Jeannie Gehagan
Mr. John Blumeyer
Mr. Michael Lockridge
Mr. Karl Jörgensen
Ms. Dinora Barragan

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